

RUN ^{the}FALLS 5K



September 29, 2018
Clifty Falls State Park
Madison, Indiana

2018 Entry Form / Run • Walk

King's Daughters' Health invites you to support KDH Girls on the Run by running or walking in our 20th Annual **RUN the FALLS 5K** event.

On-site registration and award activities take place at the Clifty Fall State Park swimming pool. Parking, restrooms, and showers are available.

Medals awarded to WALKERS and RUNNERS to the top finishers in each age group.

Contact Dave Ommen at 812-801-0619 for more information. Register online at www.kdhmadison.org.

***** Electronic Chip Timing from Stuart Road Racing*****

Proceeds benefit KDH Girls on the Run

5K Run/Walk 8:15 a.m.
Registration 7:00 a.m. (race day)

Online Registration (no additional fee involved)
www.kdhmadison.org

Please print

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Age (Race Day) _____

Male / Female (Circle one please)

E-mail: _____

I will be: Walking Running

Early Bird Entry fees:

\$20 _____ (Includes long sleeve t-shirt - deadline is Sept. 16)

\$15 _____ (Entry fee, no shirt)

5K Shirt Sizes (circle one): Sm Med Lg XL 2XL

Youth Sizes Med Lg

RUN the FALLS 5K

King's Daughters' Health

September 29, 2018

Mail to: KDH Community Relations, "Run the Falls"

P.O. Box 447, Madison, Indiana 47250

Checks payable to KDH "Run the Falls"

Signature of participant (guardian)

I understand this event involves risks associated with walking or running, and attest that I am physically fit enough to participate in this event. I forever release King's Daughters' Health, and all its associates, and Clifty Falls State Park from any injury or health issues arising from my participation.

Early Bird Registration ends September 16

After September 16, registration fees for the 5K will be \$20 and shirts will not be available for pre-order. A limited number of event shirts will be for sale at the event on race day at a cost of \$10 each.

Walk-up registrations are welcome on race day. For more information visit www.kdhmadison.org.